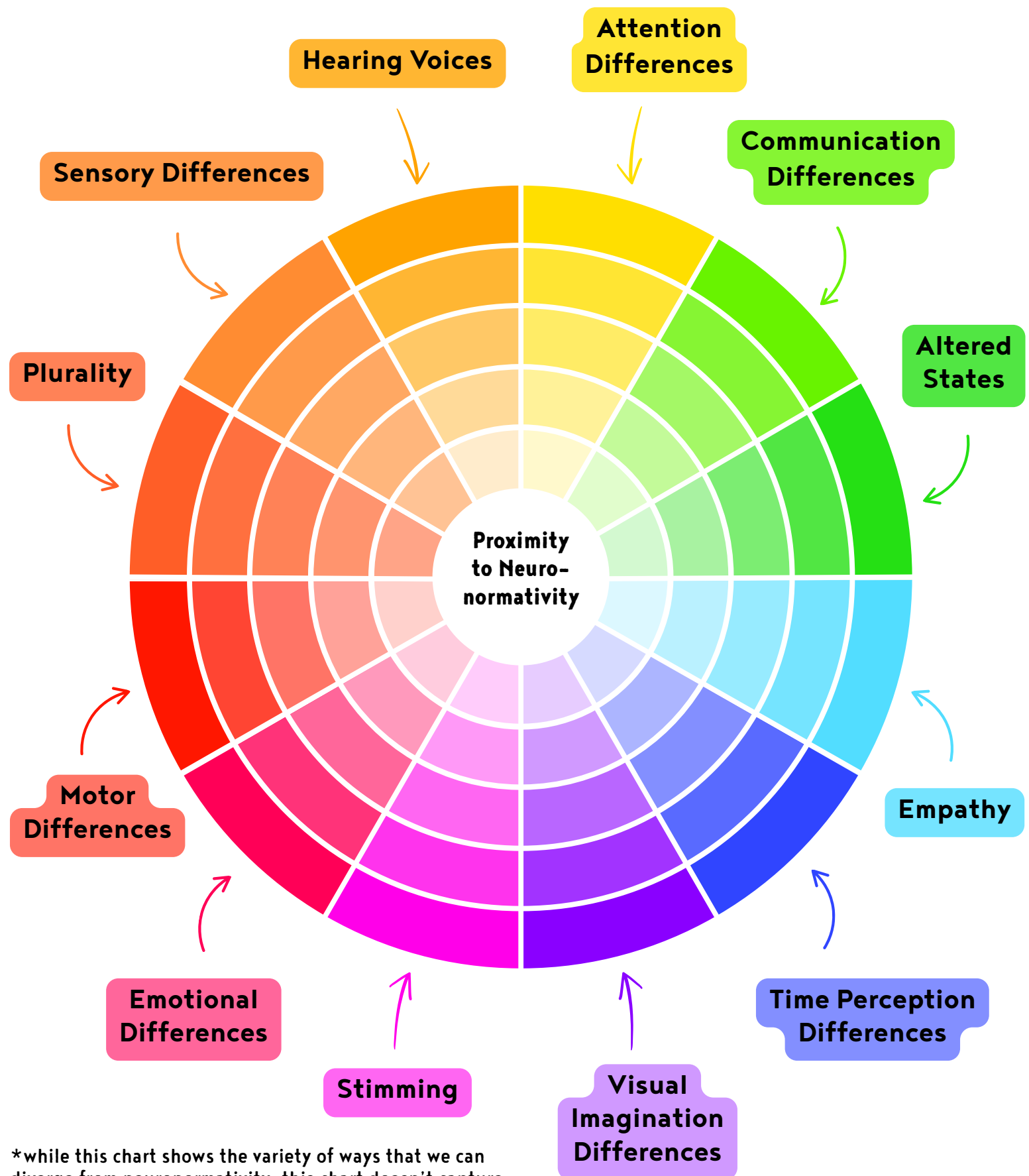


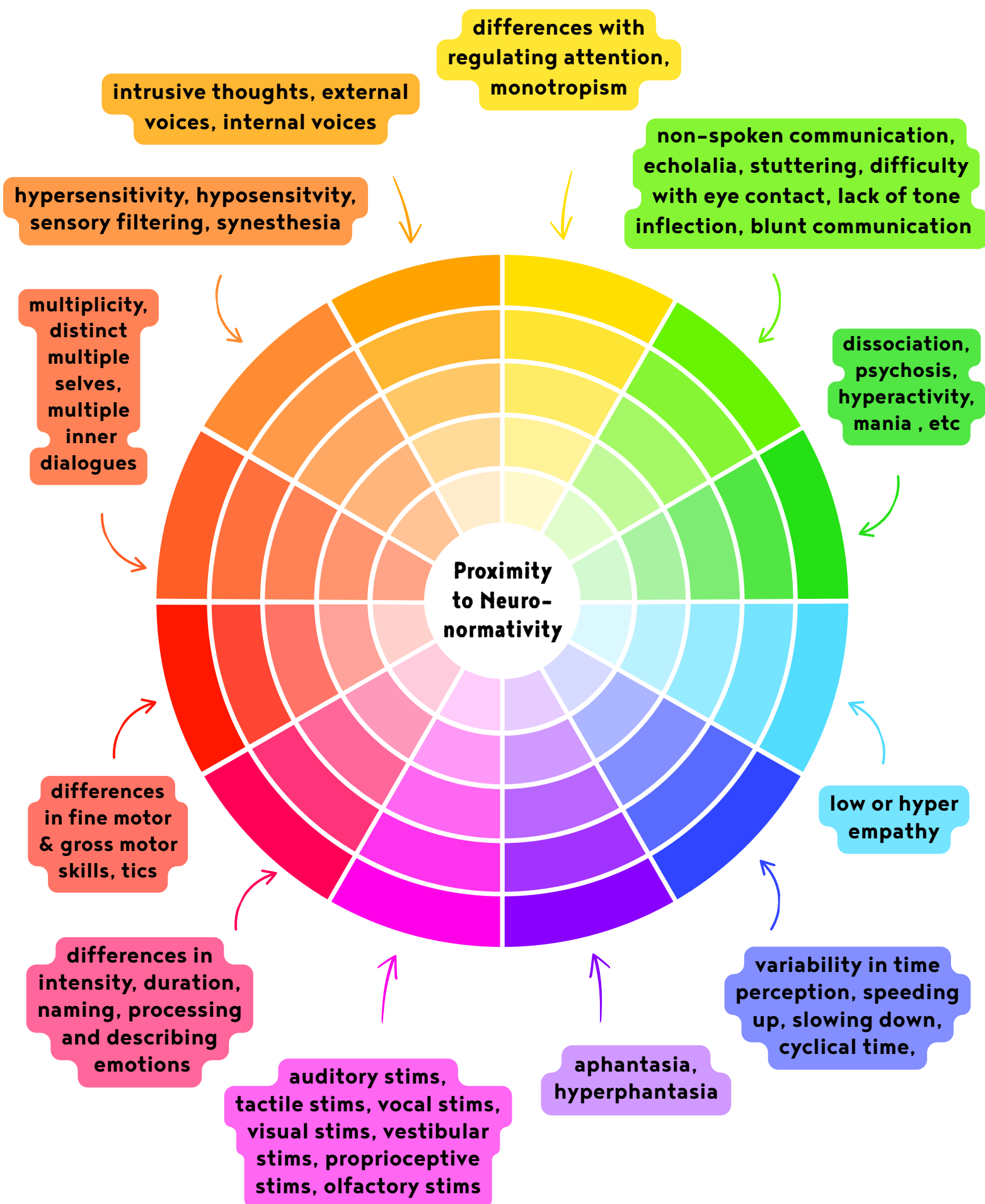
# The Neurodivergent Spectrum Chart

A chart to help demonstrate how many of us diverge from neuronormativity in multiple ways.



\*while this chart shows the variety of ways that we can diverge from neuronormativity, this chart doesn't capture every single way that we can diverge from neuronormativity.

# The Neurodivergent Spectrum Chart



# Colour In Your Own Neurodivergent Spectrum

If it helps, try and colour in according to the frequency and impact of your differences, altered states and experiences.

