

Al as your Copilot

Think of generative AI tools as your helpful assistants. They follow your commands and perform tasks well, but it's up to you to use them wisely and responsibly.



While AI tools can do a lot of things well, these tools can make mistakes because they are trained to always provide an answer, so it is important to stay alert.



Always Fact-Check

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Make fact-checking a habit. Do not blindly trust Al-generated information - always verify it with trusted sources to be sure.

Beware of Bias

Generative AI models can sometimes show bias in their responses. Always ensure you review the outputs with a critical eye and be proactive by adjusting the prompts as necessary.

Always Cite Your Sources

Ensure that you give credit where it is due by always citing work that has been completed with the support of generative AI

Protect Your Information

Do not share private information with untrusted websites or apps, and read privacy policies to understand how your data is used. Don't forget you can use AI tools to summarize complex documents, but always remember to fact-check and verify!

Mind Your Wellbeing

Communicating with an LLM that can appear to converse naturally with you can be very tricky. Establish healthy boundaries with technology by limiting screen time and spending time with your loved ones in real life.

