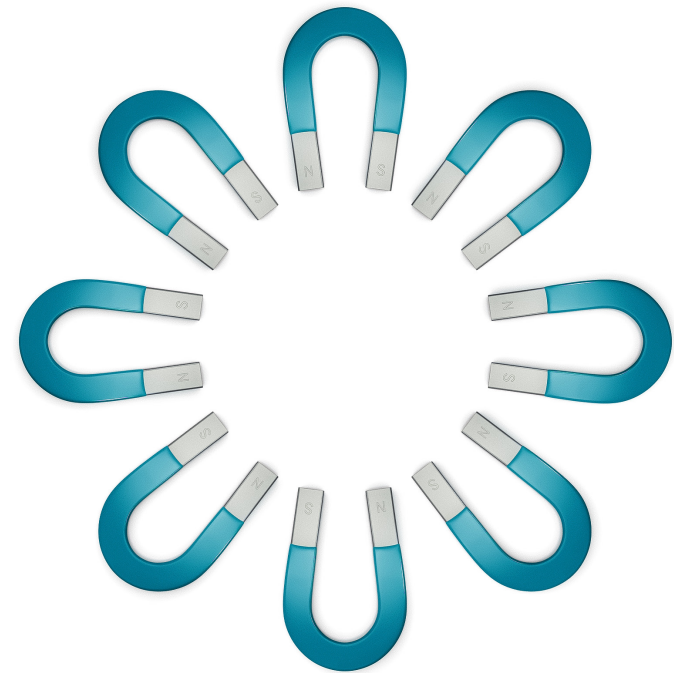


Spring Summer 2026



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Cornerstone Press

Micro-Habits

The Tiny Changes That Supercharge High Performance

JAKE HUMPHREY
AND DAMIAN HUGHES

The bestselling authors behind *High Performance* uncover the tiny changes that change everything.

What if you could change your life in less than five minutes?

We often assume that the highest-performing people have some huge secret – they're doing something drastically, life-alteringly different to the rest of us.

But in the course of 400 interviews with leading sportspeople, entrepreneurs and leaders, Jake Humphrey and Damian Hughes have found the opposite: that real success comes from small, seemingly insignificant behaviours, repeated again and again. They call them micro-habits.

Drawing on exclusive in-person interviews with some of the world's most remarkable people – from Lando Norris to Usain Bolt to Sarina Wiegman – *Micro-Habits* introduces the forty-eight tiny, repeatable behaviours that high performers use to achieve excellence. And the best thing? They work right away.

Jake Humphrey is one of Britain's best-respected sports presenters. Formerly lead Premier League presenter at BT Sport, Jake has covered events ranging from Formula 1 to the London Olympics and was the youngest-ever presenter of the BBC's *Match of the Day*.

Damian Hughes is an expert on high-performing cultures. A trusted advisor to businesses and sportspeople around the world, he has been praised by the likes of Richard Branson, Muhammad Ali, Roger Bannister and Alex Ferguson.



01/01/2026
9781529976205
£16.99
Demy Trade Paperback

PSYCHOLOGY



Art Cure

The Science of How the Arts Transform Our Health

DAISY FANCOURT

The world's leading expert reveals how making and consuming art improves our health, makes us happier and can even help us live longer.

'A revelation'

Melvyn Bragg

'Everyone should read this book'

Xand van Tulleken

Many of us consider making and consuming art to be a hobby. But arts engagement – from classical music to salsa, poetry to pop concerts, galleries to graffiti – can improve the functioning of every major organ system in the body and is one of our most powerful tools for unlocking health and happiness.

Informed by the results of decades of scientific studies, *Art Cure* reveals why the arts – alongside diet, sleep, exercise and nature – are the forgotten fifth pillar of health, and gives you the tools to write your own 'arts prescription'.

Daisy Fancourt is Professor of Psychobiology and Epidemiology at University College London where she heads the Social Biobehavioural Research Group, and Director of the World Health Organization Collaborating Centre on Arts and Health. She has published 300 scientific papers, won over two dozen academic prizes and is listed as one of the most highly cited scientists in the world. Daisy is also a multi-award-winning science communicator and has been named a World Economic Forum Global Shaper and BBC New Generation Thinker.



08/01/2026
9781529935530
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HEALTH / SELF-HELP &
PERSONAL DEVELOPMENT



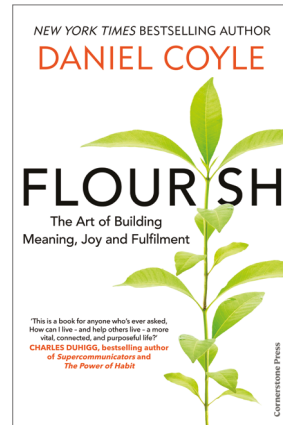
Flourish

The Art of Building Meaning,
Joy and Fulfilment

DANIEL COYLE

A science-based, practical blueprint for cultivating a life – at work and at home – full of a sense of belonging, joy and vitality, from the New York Times bestselling author of *The Culture Code*.

How do we not just live, but flourish? In his new book, bestselling author Daniel Coyle trains his expert eye on the people who have demonstrated exceptional powers of dynamism and connectivity, and teases out their secrets. From remarkable stories of individual and group achievement, Coyle distills the core dynamics that make them possible – and, in the process, shows how small, deliberate shifts in how we think and interact can create extraordinary impact. Whether you are seeking a deeper sense of personal contentment or aspiring to transform a team or community, *Flourish* is the indispensable guide to shaping the future you want.



05/02/2026
9781529925227

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PERSONAL DEVELOPMENT
& PRACTICAL ADVICE

Daniel Coyle is the *New York Times* bestselling author of several books, including *The Culture Code*, *The Talent Code*, *The Little Book of Talent* and *Lance Armstrong: Tour de Force*. He lives with his wife and four children in Homer, Alaska, and Cleveland Heights, Ohio.



Bonded by Evolution

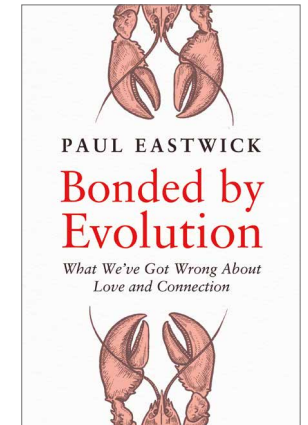
What We've Got Wrong About Love
and Connection

PAUL EASTWICK

A groundbreaking look at the science of love and connection – and an urgent corrective to some of our most fundamental assumptions about attraction.

Evolutionary psychology tells us that what men and women desire from relationships is different and at odds; that we live in a hierarchy of romantic inequality – of have and have-nots. But this narrative of human mating is pessimistic and, in its most extreme form, fuels misogyny. It is also unscientific.

In *Bonded by Evolution*, Professor Paul Eastwick shows that the truth about love – and the way evolution plays out in our personal lives – is much more interesting and optimistic. By revealing how humans have historically sought compatible partners in small networks, he offers an alternative to the dominant script, and a clearer picture of how attraction and relationships really work.

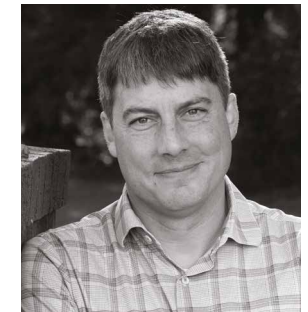


12/02/2026
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POPULAR PSYCHOLOGY

Paul Eastwick is a Professor of Psychology at UC Davis, where he serves as the head of the Social-Personality Psychology programme and the director of the Attraction and Relationships Research Laboratory. Thousands of undergraduate students have taken his course on attraction and close relationships, and he has published over 100 scientific articles. He hosts the popular podcast *Love Factually* that uses science to dissect romantic films.



How to Feel Loved

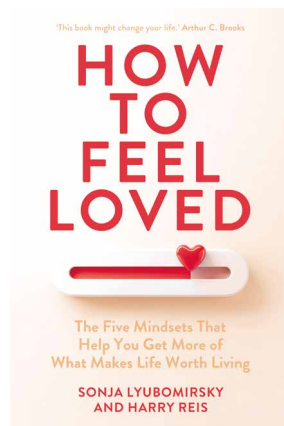
The Five Mindsets That Help You Get More of What Makes Life Worth Living

SONJA LYUBOMIRSKY
AND HARRY REIS

A globally renowned happiness scientist and a top relationship researcher draw on the science of happiness, love and human connection to offer a powerful framework for nurturing what makes us feel truly loved.

Many of us believe that if we do and say the right things, or make ourselves more *lovable*, we will feel more loved. But feeling loved is actually about showing our full and vulnerable selves to others and encouraging our loved ones to reveal their full and vulnerable selves to us.

How to Feel Loved introduces five powerful tools – the Sharing, Listening-to-Learn, Radical Curiosity, Open Heart and Multiplicity mindsets – that allow us to feel the love we crave. These mindset shifts give shape to a dynamic back-and-forth process called the ‘Relationship See-Saw’, helping us to remake our conversations and to know – and be known – deeply.

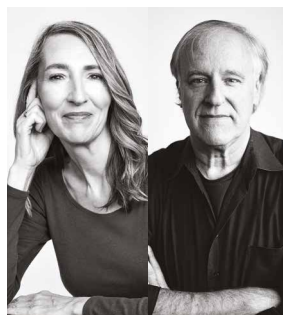


19/02/2026
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£16.99
Royal Trade Paperback

SELF-HELP & PERSONAL
DEVELOPMENT

Sonja Lyubomirsky is a Distinguished Professor at the University of California, Riverside and author of the bestselling *The How of Happiness* and *The Myths of Happiness*, which has been translated into thirty-nine languages.

Harry Reis is Professor of Psychology at the University of Rochester, which honoured him with the Georgen Award for Distinguished Achievement and Artistry in Teaching in 2009.



The Language of Lies

How to Uncover the Liar in Your Life

KIRSTY KING

An expert in forensic linguistics will teach you how to tell if someone is lying to you by analysing the language they're using.

Forensic linguist Dr Kirsty King knows that, as convincing as some liars might be, it is possible to detect lies if we know how to listen out for them.

Drawing on research from forensic linguistics and psychology, this book presents real-life case studies and stories to show you how language can reveal the liars amongst us: from partners or colleagues misleading us, to killers trying to get away with murder. *The Language of Lies* is an accessible toolkit that will help you decide whether or not to believe what you hear.



05/03/2026
9781529959642
£16.99
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LINGUISTICS; TRUE CRIME

Dr Kirsty King is a lecturer in communication at University College London. She holds a PhD in Linguistics (University of London) and an Advanced Diploma in Forensic Linguistics, and has lectured in linguistics for over twenty years at the University of London. She is a member of the International Association of Forensic Linguists and a committee member of the Anthropology and Language Committee of the Royal Anthropological Institute. She lives in London. This is her first book.

Invincible

Defy Your Genetic Destiny to Live Better, Longer

FLORENCE COMITE

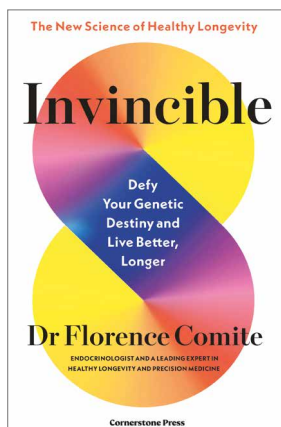
Pioneering expert in longevity and precision medicine, Dr Florence Comite, provides a comprehensive plan for predicting – and reversing – biological ageing.

What determines how long, and how well, we live? Many of us assume we will inherit the same path to ageing as our parents. But Dr Florence Comite's clinical research reveals that your genes do not have to be your destiny. Even into middle-age, you can reverse the unhealthy trajectory you're on, live disease- and pain-free, and recapture youthful energy.

In *Invincible*, Dr Comite shows readers how to become students of our own physiology using assessment tools developed in her practice to identify our unique health trajectory and understand the specific proactive interventions that will stop metabolic disorders, heart disease and memory decline.

Unhealthy ageing is not inevitable; this book will show you how to become invincible.

Dr Florence Comite is a clinician-scientist, endocrinologist and the leading female expert in the fields of healthy longevity and precision medicine. A graduate of Yale School of Medicine, where she was a faculty member for twenty-five years, Dr Comite founded the US's first women-only clinic. She is internationally known for her expertise in leveraging data collected at her private practice to detect, predict and reverse biological aging, and has published original research in numerous clinical journals.



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POPULAR MEDICINE
& HEALTH / WOMEN'S
HEALTH



The Child-Healthy Divorce

How to Protect Your Child's Mental and Emotional Health through a Breakup or Separation

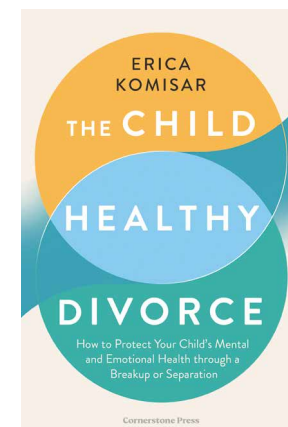
ERICA KOMISAR

A framework for child-centred divorce from acclaimed psychoanalyst and award-winning author, Erica Komisar.

A good divorce is better than a bad marriage, but for children, that doesn't make the split any easier. In this book, acclaimed psychoanalyst Erica Komisar shows readers how to make an effective plan that centres their children's needs. With case studies and practical strategies, she shows parents how to talk about what's happening, maintain normal routines, create age-appropriate custody arrangements, reassure kids without invalidating their feelings, and build a positive support system.

No one with kids wants a divorce, but if that step becomes necessary, this book can help readers establish the emotional security that their children need for success in life.

Erica Komisar is a psychoanalyst, clinical social worker and parent guidance expert. She earned her MSW from Columbia University and started her private practice in New York City in 1990. Her first book, *Being There*, won a Family Choice Award for best parenting book. A contributing editor for the Institute for Family Studies, she belongs to the International Psychoanalytic Association and lives in Manhattan with her husband and three young-adult children.



02/04/2026
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FAMILY & RELATIONSHIPS



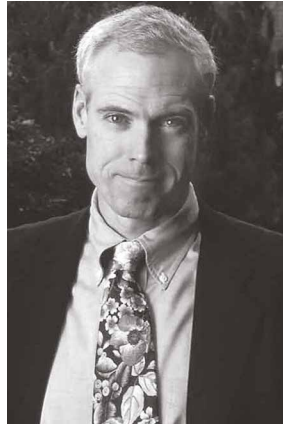
What to Make of a Life

JIM COLLINS

Jim Collins, international bestselling author of *Good to Great*, offers transformative lessons on constructing – and reconstructing – a life through the turning points we all will face repeatedly in our lives.

How do we find our way in the world? How do we make it past the cliffs we will inevitably encounter? How do we keep the inner fire burning bright, long and late? Inspired by relentless curiosity, Jim Collins devoted a decade to studying these questions and to minutely analysing those moments when life flips from clarity to confusion and casts us into a befuddling fog.

His exploration follows various lives at key turning points – moments when certainty turned to uncertainty, when new challenges presented themselves – and analyses the different choices made and divergent paths taken. What emerges from Collins's paired studies – of writers, actors, scientists, leaders and many others – is a framework for understanding how individual lives can be built, sustained and constantly renewed.



07/04/2026
9781529979756
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**SELF-HELP AND PERSONAL
DEVELOPMENT**

Jim Collins has published multiple international bestsellers that have sold in total more than ten million copies worldwide, including the perennial favourite *Good to Great*. His writings and teachings are based on extensive research projects designed to uncover timeless principles of human endeavour and have had a lasting impact across all sectors of society. All of Jim's books share a common thread: the study of people and how they navigate the big questions of leadership and life.

Secure

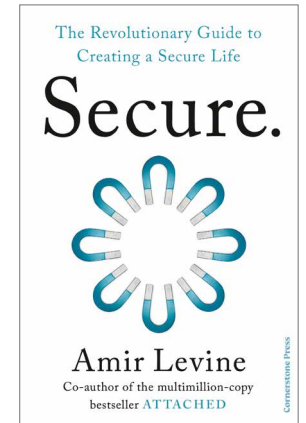
The Revolutionary Guide to Creating a Secure Life

AMIR LEVINE

Co-author of the groundbreaking, multimillion-copy international bestseller *Attached* presents a bold new promise – that anyone can learn to create a secure life – and offers practical cutting-edge tools to achieve it.

People with a secure attachment style are the most comfortable, not just in their relationships, but also in their own skins. And the benefits of living in 'secure mode' extend much further: secure people are healthier; they're more effective in job searches; they are less susceptible to consumerism; they even navigate social media better. Remarkably, the latest research shows that anyone, regardless of how insecure they may feel, can learn to create a secure life.

In *Secure*, Dr Levine presents his pioneering approach, Secure Therapy and Coaching, offering practical, neuroscience-backed tools to help readers cultivate security to improve their emotional health, deepen their connections and build more fulfilling lives.



14/04/2026
9781529976168
£22.00
Royal Hardback

**SELF-HELP & PERSONAL
DEVELOPMENT, POPULAR
PSYCHOLOGY, FAMILY &
RELATIONSHIPS**

Dr Amir Levine is an Associate Professor of Clinical Psychiatry at Columbia University Medical Center. After completing his residency in adult and child psychiatry at Columbia University, Dr Levine specialised in molecular neuroscience under the mentorship of Nobel Laureate Eric Kandel. His patented findings hold potential for innovative treatments for psychiatric disorders in adolescents and adults. Dr Levine is the co-author of the international bestseller *Attached*, which has sold more than two million copies and has been translated into more than forty languages.



The ADHD Sleep Book

A Compassionate Guide for the Wired and Overtired Brain

HEATHER DARWALL-SMITH

Perfect for the increasingly diagnosed and underdiagnosed, this book fills a crucial market gap with specific and humane sleep advice for neurodivergent people.

Awareness around ADHD and neurodiversity is growing rapidly, with diagnoses increasing and many more recognising symptoms without a formal diagnosis. But when it comes to sleep, it is common to spread the same advice – go to bed earlier, cut screen time – without considering the uniqueness of the individual. In this book, accredited therapist and sleep specialist Heather Darwall-Smith will guide you through sleep advice tailored for your brain. Through relatable scenarios and practical tips, this book helps you understand how:

- Sleep deprivation hits people with ADHD
- Traditional sleep advice fails, and what to do about it

The ADHD Sleep Book is an inviting guide and a distinct pathway towards restful nights.



30/04/2026
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SLEEP DISORDERS &
THERAPY; ADVICE
ABOUT ADHD

Heather Darwall-Smith is a UKCP-accredited psychotherapist and sleep specialist who works with individuals with ADHD and sleep disorders, bridging the gap between mental health and sleep medicine. Heather was diagnosed late in life with ADHD – which meant she could join up the dots that others hadn't. Determined to understand why sleep is so uniquely difficult for neurodiverse minds, she's spent years combining scientific research with therapeutic insight. This blend of professional expertise and personal experience allows her to speak with both authority and deep empathy.

Super Agers

An Evidence-Based Approach to Longevity

ERIC TOPOL

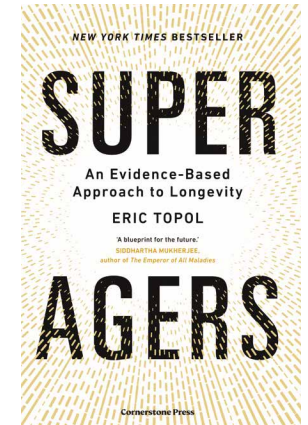
The New York Times bestselling guide to the revolution transforming human longevity – a breakthrough moment in the history of human healthcare – from one of the most respected medical researchers in the world.

'A blueprint for the future' **Siddhartha Mukherjee**, author of *The Emperor of All Maladies*

'A tour de force' **Venki Ramakrishnan**, Nobel Laureate and author of *Why We Die*

More than a quarter of the adult population lives with two or more chronic diseases. But new treatments are becoming available at a faster rate than ever, and we can be confident these breakthroughs will continue. In thirty years, we will have five times as many people at least one-hundred years old and they will be healthier than ever.

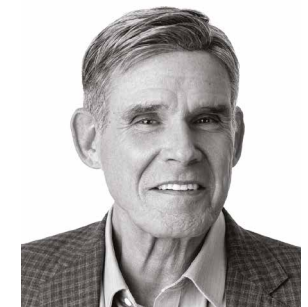
Super Agers is an evidenced-based guide to the remarkable discoveries transforming human longevity.



30/04/2026
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POPULAR MEDICINE
& HEALTH

Dr Eric Topol is the executive vice president and a professor of molecular medicine at Scripps Research, the largest non-profit biomedical institute in the United States. He is also founder and director of the Scripps Research Translational Institute and a practicing cardiologist. He is one of the top ten most-cited researchers in medicine, known for his ground-breaking studies on AI in medicine, genomics and digitised clinical trials. He was featured in the TIME100 Health list of the most influential people in health in 2024.



How To Make Money

Why Money Works and What Happens When It Doesn't

RUPAL PATEL, JACK LESLIE,
THE BANK OF ENGLAND

The Bank of England pulls back the curtain on how money really works, and what happens when it doesn't.

Where does money come from? Why is £1 worth £1? And what actually happens at a money printer?

Most of us think about money every day. But we tend not to think about how weird it is: a totally abstract concept, built entirely on trust, which somehow makes the whole world function.

The Bank of England knows more about money than most – after all, they are the ones responsible for making it. Now, the Bank answer all the questions about money that you've never thought to ask – from what makes money money, to how private banks create money every time they give out a loan, to what happens to cash when it's past its sell-by date (it's often moulded into garden furniture, as it turns out). Along the way, they offer you a one-stop guide to how money really works – and where it might be going next.



14/05/2026
9781529934885
£18.99
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POPULAR ECONOMICS

Rupal Patel and **Jack Leslie** are economists at the Bank of England, the UK's central bank. Founded in 1694, the Bank is responsible for printing money, setting interest rates and regulating the financial sector. Since 2017, the Bank's staff have been on a mission to promote economic literacy across the UK: delivering talks in schools, running Citizens' Panels on people's economic experiences, and publishing the bestselling primer on economics: *Can't We Just Print More Money?*.

80,000 Hours

How to Have a Fulfilling Career That Does Good

BENJAMIN TODD

The classic word-of-mouth bestseller, completely revised and updated for the age of AI.

You have about 80,000 hours in your career: 40 hours a week, 50 weeks a year, for 40 years. If you want a rewarding and interesting life that has a positive impact, your choice of career is one of the most important decisions you'll ever make.

However, there's surprisingly little good advice out there. Most career advice focuses on CVs and offers misleading platitudes like 'follow your passion'. And it insists that if you want to do good you should become a teacher, doctor or a charity worker – even though the evidence suggests that the highest-impact people did nothing of the sort.

A self-published bestseller, this new edition of *80,000 Hours* draws on a decade of research conducted at the University of Oxford to offer you the tools you need to find a career you enjoy, you're good at, and that tackles the world's most pressing problems.



28/05/2026
9781529957570
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CAREERS

80,000 Hours is an independent non-profit founded in Oxford in 2011. It performs research into career choice, and provides online and in-person advice.

Benjamin Todd is the co-founder and president of 80,000 Hours. He grew the organisation from a student society at Oxford to the organisation it is today. He has a Master's degree in Physics and Philosophy from Oxford, and speaks Chinese, badly.



The 15 Commitments of Conscious Leadership

A New Paradigm for Sustainable Success

DIANA CHAPMAN, JIM DETHMER
AND KALEY WARNER KEMP

The game-changing guide that rewrites the principles of great leadership, and helps you implement them.

In *The 15 Commitments of Conscious Leadership*, three leading experts set out the principles for great leadership and how to implement them. They take the reader step by step through a series of goals that are both inspirational and achievable, offering a road map that will guide you from fear-based to trust-based leadership.

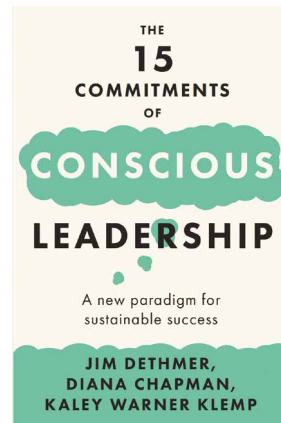
From 'Taking Radical Responsibility' through to 'Speaking Candidly' and 'Excelling in Your Zone of Genius', you'll become more collaborative, creative and engaged as well as being able to achieve more, create healthier relationships with those around you, and simultaneously become less stressed and more fulfilled.

Any one of these fifteen commitments will change your life. Together they are revolutionary.

Jim Dethmer has been devoted to the practice of conscious leadership for more than forty-five years and has worked with over 200 organisations led by entrepreneurs and professional managers across all industries, including coaching Fortune 500 CEOs.

Diana Chapman has been a trusted advisor to over 700 organisational leaders and many of their teams. She is also a well-respected facilitator for YPO forums and chapters worldwide. Clients from Genentech to Yahoo value her clarity, compassion, ferocity and playfulness.

Kaley Warner Kemp is a sought-after speaker, certified YPO Forum Facilitator, and transformational executive coach, advising senior executives on how to uncover and address core challenges.



04/06/2026
9781529976076
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**MANAGEMENT:
LEADERSHIP &
MOTIVATION**

HUTCHINSON
HEINEMANN

This, My Second Life

PATRICK CHARNLEY

Beautifully written, spare and elegiac, a literary debut novel set in Cornwall in which a young man comes to terms with a life-changing injury.

After a near-death experience and life-changing injury, twenty-year-old Jago Trevarno goes to stay with his uncle on his small coastal farm a few miles from St Ives in Cornwall.

Their existence is a simple one, their lives measured by the span of the days, the rhythms of the seasons and the animals they care for.

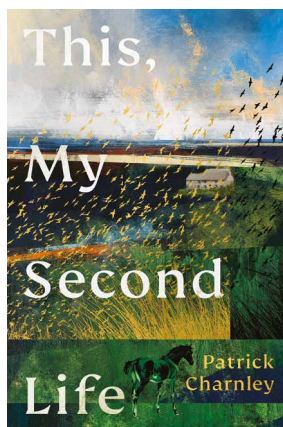
But lurking in the shadows is local villain Bill Sligo, who has designs on Jacob's farm and in particular on a field near the cliffs housing a derelict mineshaft.

Wanting to repay his uncle's kindness, Jago determines to find out what Bill Sligo is up to.

Jago is still vulnerable though, and in pursuing Sligo he delves into a murky world that he is ill-equipped to deal with. How far will Bill Sligo go to get what he wants? Jago doesn't know it yet, but once again he is in grave danger.

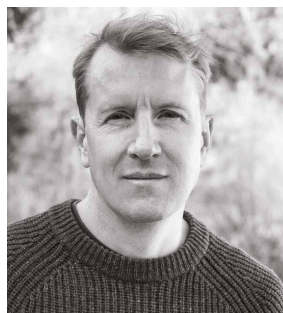
Jago's journey is one of hope, renewal and resilience as he comes to terms with this, his second life.

Patrick Charnley grew up in the English West Country where he fell in love with Cornwall, the setting for this novel. While convalescing from a cardiac arrest that very nearly ended his life and left him with a brain injury, he began to write. He now lives in north London with his wife and children. *This, My Second Life* is his first novel.



08/01/2026
9781529155259
£16.99
Demy Hardback

MODERN &
CONTEMPORARY FICTION



Tell Me How You Eat

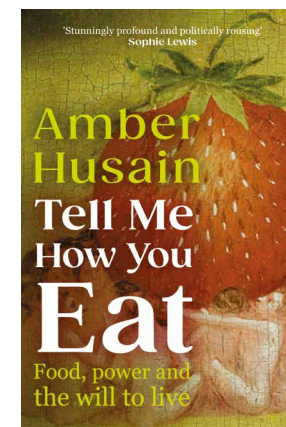
Food, Power and the Will to Live

AMBER HUSAIN

From an acclaimed cultural critic comes the story of how and why we eat and the relationship between food and empowerment, told through the historic feasts and fasts of radicals and tyrants, from the Suffragettes to the Black Panthers, early vegetarians to contemporary Palestinian protestors.

If you are what you eat, what does that make you? Virtuous, cool, immortal? Or deviant, pitiful, ill? Is it useful to make these judgements? Do they help us improve our lives?

Combining a personal account of modern eating disorder treatments with an expansive collective history of eating in hard times, *Tell Me How You Eat* unearths the astonishing effect of how we feed ourselves and others – not just on who we are, but on how we perceive our own power. In doing so, it marks a fresh, bold and inspiring confrontation with our most basic understanding of food.



05/02/2026
9781529154337
£18.99
Demy Hardback

FOOD & SOCIETY

Amber Husain is the author of *Replace Me* (2021) and *Meat Love* (2023). Her essays have been published in *Granta*, *New Left Review*, *White Review*, *Believer*, *Bookforum*, *LA Review of Books* and *New York Times Magazine*. She has a PhD in art history from UCL and teaches critical and creative writing.



The Barbecue at No.9

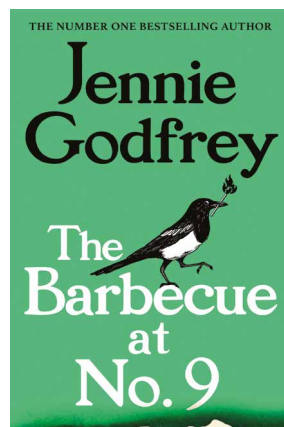
JENNIE GODFREY

The highly anticipated second novel from the No. 1 Sunday Times bestselling author of *The List of Suspicious Things*.

It's the summer of 1985 and the residents of Delmont Close are preparing a neighbourhood barbecue to watch the biggest music event in history: Live Aid. A day like no other that will end having reached millions and changed the lives of all who attended.

House-proud Lydia Gordon is determined to put on a show that will impress everyone. But as the guests flood into number nine, so do all of the secrets that have been kept in the close. Rita is hoping for a fresh start but harbours a shocking secret; Steve battles his own demons; and Mr Wilson is too good-looking to be trusted.

And if each of their neighbours is guilty of hiding something, so are the Gordons at number nine . . .



12/02/2026
9781529155013
£16.99
Royal Hardback

MODERN &
CONTEMPORARY FICTION

Jennie Godfrey was raised in West Yorkshire in a mill-working family, and her debut novel, *The List of Suspicious Things*, was inspired by her childhood there in the 1970s. In 2020, Jennie gave up her corporate career to build a life around books. She is now a writer and part-time bookseller who lives, and writes, in the Somerset countryside.

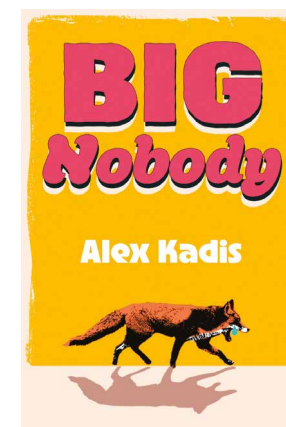


Big Nobody

ALEX KADIS

Fizzingly original, disarmingly tender and laugh-out-loud funny, *Big Nobody* is a coming-of-age story about first love, first grief, and the long, painful journey to feeling like a somebody.

For Constance 'Connie' Costa, life is just beginning. She dreams of leaving behind her dreary life in '70s East London, running away with her best mate Vas (fellow misfit; NHS specs; soul of a poet), and taking her rightful place onstage alongside her hero, David Bowie. One thing stands in her way: her father. No longer content with being an absolute imbecile, he has dialled up his campaign to ruin Connie's life ever since the untimely death of her mother. If she ever wants to claim the destiny that is rightfully hers, Connie has one option left: to kill him.



05/03/2026
9781529155303
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MODERN &
CONTEMPORARY FICTION

Alex Kadis is half-British, half-Greek, and grew up in Leyton and Walthamstow, East London. She studied English Literature at Goldsmiths University before embarking on a music-journalism career. She was Features Editor at *Smash Hits* in its heyday (RIP) and has also written for various newspapers and magazines, including the *Sunday Times* and *Q*. She then went into artist management and now works as a consultant in the music industry. Alex suffers from delusions of grandeur and still believes she will, one day, headline Wembley Stadium.



Brawler

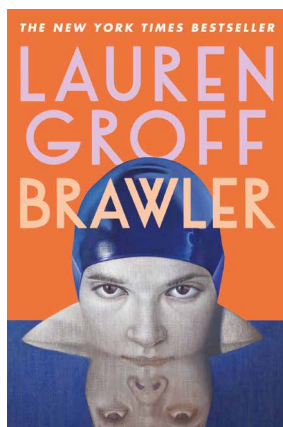
LAUREN GROFF

The new short story collection from the bestselling author of *Matrix*, *Fates and Furies* and *Florida*.

Ranging from the 1950s to the present day and moving across age, class and region, these nine stories depict the battle between the dark and light in all of us.

Among those featured are a young woman responsible for her disabled sibling; a high-school swimmer in need of an adult; a mother blinded by the loss of her family; and a banking scion endowed with a different kind of inheritance. Motivated by love, impeded by human fallibility, they try to do the right thing for as long as they can.

Precise, surprising and provocative, *Brawler* is a timeless, stunning achievement from a master of the form.



05/03/2026
9781529152883
£18.99
Demy Hardback

MODERN &
CONTEMPORARY FICTION;
SHORT STORIES

Lauren Groff is a three-time National Book Award finalist and the *New York Times* bestselling author of five novels, including *Fates and Furies*, *Matrix* and *The Vaster Wilds*, and two other story collections, including *Florida*. Winner of The Story Prize and the Joyce Carol Oates Prize, she has also been a finalist for the National Book Critics Circle Award. Her work regularly appears in the *New Yorker*, *Atlantic* and elsewhere, and her books have been translated into thirty-six languages. She lives in Gainesville, Florida, where she and her husband own the independent bookstore The Lynx.



Himmler's Curtains

A Memoir of Loss and Concealment

SIMON WEISZ

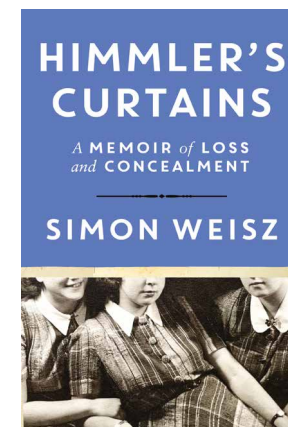
A moving and personal memoir telling the story of a family grappling with trauma and identity in the wake of the Holocaust.

For the first eighteen years of Simon Weisz's life, his parents kept their past concealed from him. All he knew was that they had grown up in Hungary and that they had arrived in Britain after the Second World War. It was only as he reached manhood that he learned they were Jewish, and that his mother had experienced the appalling horrors of Nazi persecution.

Over the following decades, as he pieced together his mother's gradual and reluctant testimony, Simon came to realise how her memories continued to haunt her and to understand how her concealed trauma had, in turn, shaped his own development and the course of his life.

Himmler's Curtains is a visceral account of a Holocaust survivor's experiences, and an impressive study of the impact of suffering on two generations of a family. It also movingly reveals the high price exacted by silence.

Simon Weisz read English at Cambridge University, subsequently winning a scholarship to the Guildhall School of Music & Drama where he gained a Diploma in Opera Studies. He sang professionally for a number of years before embarking on a marketing career, ultimately establishing his own agency which promoted the work of various international architecture studios. More recently he gained a Diploma in Humanistic and Integrative Counselling and now pursues a career as a psychotherapeutic counsellor in the West Country. *Himmler's Curtains*, which was shortlisted in 2024 for the inaugural Footnote x Counterpoints Writing Prize, is his first book.



19/03/2026
9781529154849
£22.00
Royal Hardback

FAMILY HISTORY,
THE HOLOCAUST



The Delusions

JENNI FAGAN

From the prize-winning author of *The Panopticon*, *Luckenbooth* and *Ootlin* comes a dazzling new novel set in the afterlife.

Edi is facing a disciplinary since her 'incident' at work. Forty-seven years in Admin processing the newly dead is not how she foresaw eternity.

In Arrivals, the newly dead must take the stages in order: first, extract delusion; second, answer HR's questionnaire truthfully. Yet who among them can truly face who they are? As leaderboard numbers begin to rise, rumours begin to fly, and Edi hopes this might finally be the moment she has waited for: seeing her son again.

Against a spectacular backdrop of stars, constellations and comets, a mass extinction event begins to unfurl, watched by the entire universe. With reflections on love, defiance and light, *The Delusions* is a story of profound human connection on an unprecedented scale.



19/03/2026
9781529153095
£18.99
Demy Hardback

MODERN &
CONTEMPORARY FICTION

Jenni Fagan was born in Scotland. She won the Gordon Burn Prize for her memoir, *Ootlin*, which was also longlisted for the Women's Prize for Non-Fiction. Her debut novel, *The Panopticon*, saw her selected as a Granta Best Young British Novelist, her second novel, *The Sunlight Pilgrims*, gained her Scottish Author of the Year, and her books have been listed for numerable other literary awards. She is a Doctor of Philosophy, a member of Liberty, and a Royal Society of Literature Fellow. She lives in Edinburgh with her son.

Self-Help From the Middle Ages

How to Live with the Seven Deadly Sins

PETER JONES

A disarming, surprising history from a riveting new voice. Peter Jones explores art, mysticism and literature to show how the Middle Ages used the Seven Deadly Sins as a roadmap for a happier and healthier life.

While Peter Jones was a history professor in Siberia, struggling through a relentless winter, he found himself wondering whether the Middle Ages had a treatment for depression. He discovered that, even more than today, medieval culture was obsessed with self-help.

At the centre of this were the Seven Deadly Sins; not vices, as we know them now, but building blocks for a medieval map of the mind. Through the lives of monks and mystics, artists and philosophers, Jones demonstrates how these 'sins' were used as tools for improving the self – and why trying it their way might change our lives.



02/04/2026
9781529154863
£20.00
Royal Hardback

HISTORY

Peter Jones received a PhD in Medieval History from New York University in 2014. Originally from Feltham, West London, he has taught at the University of Toronto, University College London, the School of Advanced Studies at the University of Tyumen in Siberia, and Complutense University of Madrid, where he is currently an UNA4Career fellow. He has received research fellowships from the Warburg Institute and the Andrew W. Mellon Foundation, as well as Marie Curie. His first book, *Laughter & Power in the Twelfth Century*, was published by OUP in 2019.

My Year As A Fraud

JOHANNA SWANBERG

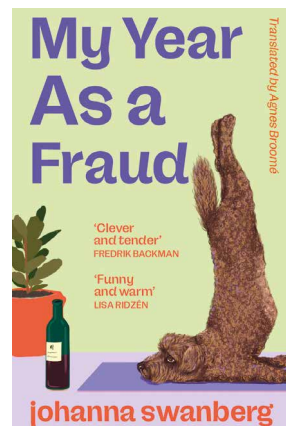
A heartwarming, hilarious and healing translated debut novel about hitting rock bottom and finding your way back from an unmissable new voice in Swedish fiction.

'Clever, funny and tender'

Fredrik Backman

There's no health guru in Sweden better than Cassi. Couple's therapy? Puppy yoga? Full moon rituals? She's got everyone in the remote village of Bäckén covered. The locals don't really know who Cassi is or how she managed to turn a derelict cottage into a successful self-help retreat, but one thing is clear: they're all willing to pay good money for her services.

There's only one problem: Cassi is a fraud. A great one at that, who has concealed her true self – a jobless, depressed alcoholic – and gotten rich in the process. But can a life based on a lie really last? And will her new friends accept her for who she really is when her secrets eventually come to the surface?



02/04/2026

9781529155754

£16.99

Demy Trade Paperback

MODERN &
CONTEMPORARY FICTION

Johanna Swanberg is a journalist, podcaster and author with experience in newspapers, TV, radio and PR. She lives in Stockholm with two children, two dogs and a husband. *My Year As A Fraud* is her debut novel, which was shortlisted for the Adlibris Award Debut of the Year in Sweden.



Bad Deeds

ANDREW HUNTER MURRAY

Slick, gripping and 'madly fun and exciting' (Lisa Jewell), get ready for Andrew Hunter Murray's new crime caper.

Alex used to break into other people's houses.

These days though, he's turned his life around. He still breaks into homes and offices – but now it's legal, to test the security for the rightful owners. He's got a job, a regular income, a roof over his head, even a girlfriend.

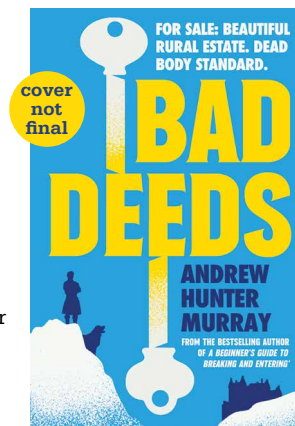
For once, it's all going right.

And then he takes a job he shouldn't, and steals a souvenir – a vial of white powder – from an executive's desk in an office he's just entered.

It's pretty clear what the powder is. Only it proves to be something quite different, and soon Alex's problems begin in earnest as his own flat is trashed and his life is threatened.

This little tube has opened up a whole world of trouble for Alex and his friends.

Trouble that won't go away any time soon . . .



09/04/2026

9781529154481

£18.99

Royal Hardback

CRIME & MYSTERY

Andrew Hunter Murray is a writer, broadcaster and comedian. He co-hosts the award-winning podcast *No Such Thing As A Fish*, which has received 500 million downloads and toured the world. He also writes jokes and journalism for *Private Eye* magazine, hosts the *Eye's* podcast *Page 94*, presents BBC Radio 4's *The Naked Week*, and spent fourteen years writing for BBC2's *QI*.

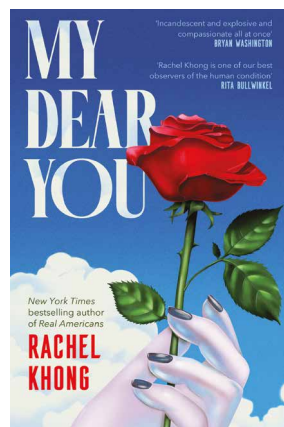


My Dear You

RACHEL KHONG

The probing and irrepressibly poignant debut short story collection from Rachel Khong, author of the *New York Times* bestselling *Real Americans*.

Throughout *My Dear You*, normal people go through extraordinary transformations. A government injects its people with a drug that makes them see everyone else as members of their own race and gender. A factory worker develops an unlikely friendship with an artificially intelligent sex doll. God gives each person twenty-four hours to decide which animal to transform into. Playful and tender, dark and witty, these stories express a powerful curiosity about the human experience, and the inescapable choices that meet us all: to have or not have children; to pursue connections with others; how to live – and live well.



16/04/2026
9781529155365
£16.99
Demy Hardback

SHORT STORIES

Rachel Khong is the author of *Goodbye, Vitamin*, winner of the California Book Award for First Fiction and named a best book of the year by NPR; *O*, *The Oprah Magazine*; *Vogue*; and *Esquire*. Her work has appeared in the *New York Times Book Review*, *Guardian*, *Paris Review* and *Tin House*. In 2018, she founded the Ruby, a work and event space for women and nonbinary writers and artists in San Francisco's Mission District. She was born in Malaysia and lives in California.



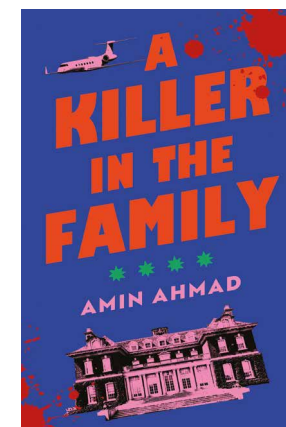
A Killer in the Family

AMIN AHMAD

A raucous, tantalising literary thriller set between Mumbai and New York City, for fans of *The White Tiger* and *How to Kidnap the Rich*.

Mumbai party boy Ali Azeem is drifting through life when he meets the Khan sisters: daughters of Abbas Khan, the formidable immigrant patriarch who has made New York City his playground. Drawn deeper into the family's seductive world, Ali uncovers rumours of affairs, accusations of corruption – and a troubling connection to the serial killer who once stalked the streets of Manhattan.

A caper, social satire and propulsive thriller rolled into one, *A Killer in the Family* probes the dark underbelly of the American Dream – leading its reader through a dizzying maze of lies, corruption and murder.



30/04/2026
9781529155150
£16.99
Demy Hardback

THRILLER

Amin Ahmad was raised in India and came to America at the age of seventeen. He worked as an architect for many years before turning to writing. He teaches creative writing at Duke University, and lives in Durham NC with his family and a very mischievous cat. When he's not writing, he can be found on his front porch, drinking tea and watching the world go by.



Shrink Solves Murder

PHILIPPA PERRY

Richard Osman meets *Shrinking* in this warm, witty and cosy crime caper from the UK's favourite therapist.

Her three o'clock just became a murder case . . .

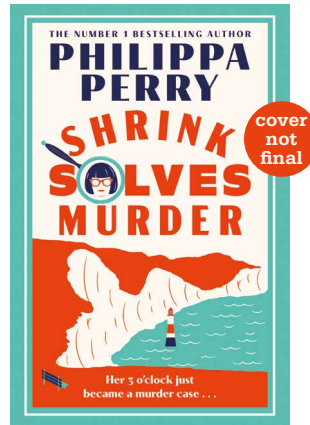
When a body washes up near Beachy Head, the police chalk it up to suicide — a tragic but not uncommon end in these parts.

But local psychotherapist Patricia Philipps isn't convinced.

The victim? Her three o'clock patient, Henry Clayton. The cause? Supposedly self-inflicted. The truth? Pat suspects murder and she's trained to spot what others miss.

After all, she spends her days listening to secrets, resentments, fantasies and motives. And she's certain someone wanted Henry Clayton dead.

With her chaotic best friend Pritchard in tow (part-time poet, full-time meddler), Pat swaps the therapy room for the crime scene. It's time to unpick the lies, untangle the egos and catch a killer hiding in plain sight.



07/05/2026
9781529155327
£20.00
Royal Hardback

CRIME & MYSTERY

Philippa Perry is an artist and psychotherapist as well as a TV and radio presenter. She is the No. 1 *Sunday Times* bestselling author of *The Book You Wish Your Parents Had Read* and *The Book You Want Everyone You Love* To Read* (*And Maybe a Few You Don't), published by Cornerstone Press. Her books have been translated into over forty languages.



Why We Think What We Think

The Unexpected Origins of Our Deepest Beliefs

TURI MUNTHE

A fascinating journey through the unexpected origins of our deepest beliefs, *Why We Think What We Think* will transform the way you see the world.

Since the beginning of time, we've seen 'thought' as the product of reason, the work of the mind. We've learnt to present our arguments in rational order, and we've thought of our opinions as the beautiful result of reason and evidence.

But this is only part of the story. A fascinating new body of research shows that almost everything we think — those complex justifications for lower taxes or prison reform, those long-pondered and sincere beliefs in God or Nothing, even the food we like or turn away from in disgust — has its roots in a mind-boggling collection of hidden influences — from our geography to our genes.

Packed with surprising case studies and counter-intuitive research, this urgent and entertaining book reveals where our opinions really come from and what they are for.



14/05/2026
9781529153842
£22.00
Royal Hardback

SMART THINKING

Turi Munthe is a journalist and media entrepreneur who has written for, amongst others, *The Economist*, *Guardian* and *Nation*. He has appeared on the BBC, CNN, Al-Jazeera and NBC and given lectures at universities all over the world. As an entrepreneur, he is the founder of Parlia, the encyclopaedia of opinion, and Demotix, which became the largest network of photojournalists in the world and sold to Bill Gates's Corbis. He is currently a board member of GEDI, publisher of *la Repubblica* and *La Stampa* and is fluent in Italian, French and Spanish.

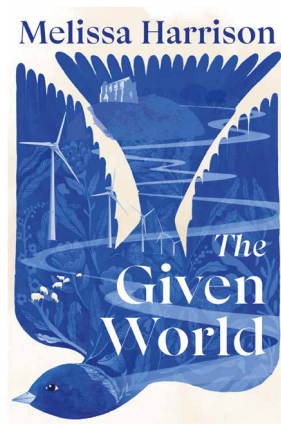
The Given World

MELISSA HARRISON

Luminous and intimate, *The Given World* is a story of belonging, loss and the richly interwoven connections between people, history and place. From the award-winning, critically acclaimed author of *All Among the Barley*.

In the ancient Welm Valley, something is shifting: the river is behaving oddly, while the arrival of spring, with its familiar rhythms, is shadowed by an undercurrent of unease.

A woman falls while out walking and hopes to be found before nightfall; a builder experiences sudden, overwhelming vertigo on a farmhouse roof; across the village, people are plagued by the same vast, strange dream. And alone in the converted priory, overlooking watermeadows unchanged for centuries, Clare Grey receives devastating news which will force her to reconsider her family's past and the fresh weight of her solitary existence.



14/05/2026
9781529154894
£18.99
Demy Hardback

MODERN &
CONTEMPORARY FICTION

Melissa Harrison is the author of the novels *Clay*, *At Hawthorn Time*, which was shortlisted for the Costa Novel Award and longlisted for the Women's Prize, and *All Among the Barley*, which was the UK winner of the 2019 European Union Prize for Literature. She is also a nature writer, podcaster and children's author. She contributes a monthly Nature Notebook column to *The Times*, writes for *FT Weekend*, *Guardian* and *New Statesman*, and appears regularly on television and radio.



The Make-Believe

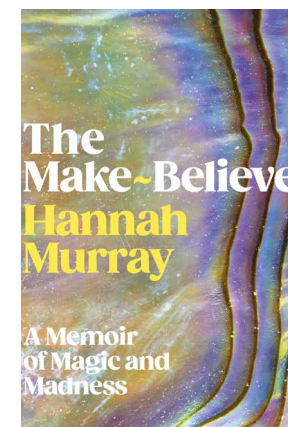
A Memoir of Magic and Madness

HANNAH MURRAY

A compulsively readable memoir about womanhood, madness and the outer edges of fame.

This is the true story of a spiritual awakening that turned into a mental breakdown. At the age of twenty-seven, an actress joins a wellness 'organisation' and falls in love with its leader. She is sectioned for a psychotic break and diagnosed with bipolar disorder.

The Make-Believe is a deeply personal account of these events. It is a wild ride, a searching attempt for understanding and a call for radical empathy. Lyrical and playful, exploring light and dark, it takes readers on a journey to the edges of reality, to a seductive and dangerous world where magic seems possible.



28/05/2026
9781529155211
£18.99
Royal Hardback

MEMOIR

Hannah Murray worked as an actor for over a decade, starring in E4's *Skins* and HBO's *Game of Thrones*. She studied English at Cambridge University and Creative Writing at the University of East Anglia. *The Make-Believe* is her first book.



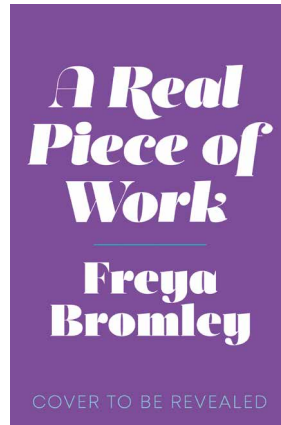
A Real Piece of Work

FREYA BROMLEY

The sparkling and spiky debut novel about complicated families and even more complicated sisters, from the Nero Book Awards shortlisted author.

Nola McConkey has made it. *Animal Oracle*, the memoir she has written about her beloved late sister Darina, has become a hit. People read it, critics loved it, producers now want to make it into a movie. The dream of quitting her job and becoming a full-time writer in London doesn't seem so far away. There's only one problem: everyone in her family has an opinion about the book – and none of them are good. Though Nola can't let it affect her. It's the price she must pay for the life she wants.

But now, someone has made an anonymous complaint to her publisher about *Animal Oracle*. Suddenly, her hard-won reputation as a literary darling is at stake. Nola is sure that only someone in her secretive, chaotic family could be to blame – but first, she must discover who made it.



11/06/2026
9781529155433
£16.99
Demy Hardback

MODERN &
CONTEMPORARY FICTION

Freya Bromley is a writer living in London. Her memoir *The Tidal Year* was published by Coronet in 2023 and was shortlisted for the Nero Book Awards. She has written for titles including *Condé Nast Traveller*, *Financial Times* and *National Geographic Traveller*.

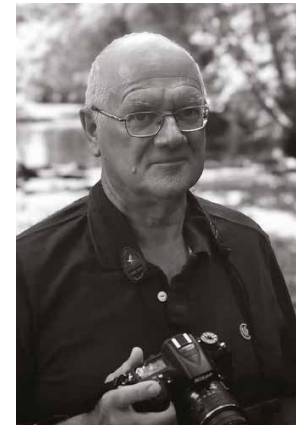


Some Sort of Justice

PETER GRAINGER

The first time in print for the million-copy-selling crime writer. This time, a cast of good coppers, a wily ex-detective and a shadowy, well-connected operative are brought together by an aristocratic fatality. Only there's no body, no forensics – and enemies in the highest places.

When Caroline Thorpe succeeded in casting doubt on the verdict of the inquest into her brother's death, she could not have anticipated what would follow. Freddie was Earl Thorpe of Burnham, and as the Kings Lake detectives, headed by DCI Cara Freeman, soon begin to realise, influential people have gone to considerable lengths to cover up a potential scandal surrounding the young man's death. Their investigation will take them from Norfolk into the capital, and from idealistic young campaigners to people at the heart of government. The stakes have never been higher for the detectives from Kings Lake Central.



04/06/2026
9781529155730
£18.99
Royal Hardback

CRIME & MYSTERY

Peter Grainger is the 'creator of the greatest fictional sleuth you've probably never heard of' (*Financial Times*). A former sixth-form English teacher, Peter is the author of twenty-three self-published novels, nineteen of which are now scheduled for release by major British and North American publishers. Peter lives with his wife, sometimes a grandson and a dog in a cottage in the Cambridgeshire fens. He travels as often as possible to the Norfolk coast he once called home.

1873

The Rothschilds, the First Great Depression, and the Making of the Modern World

LIAQUAT AHAMED

From the author of the Pulitzer Prize-winning *Lords of Finance* comes a brilliant account of the earliest truly global financial calamity.

Over the course of the 1850s and 1860s, during the first era of globalisation, the world experienced an unprecedented economic boom. Fuelling this expansion was an explosion in borrowing through the global bond market, which provided financing for the century's most costly and transformative innovation: the railroad. The boom predictably swelled into a series of bubbles that burst simultaneously in the early 1870s, cascading from one country to the next across the globe.

Through the eyes of a cast that includes Karl Marx, Mark Twain and the Rothschild family, Liaquat Ahamed weaves a compelling narrative of build-up, collapse and world-changing aftermath.



11/06/2026
9781529155853

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Royal Hardback

GENERAL & WORLD
HISTORY, ECONOMIC
HISTORY

Liaquat Ahamed graduated with degrees in economics from Cambridge and Harvard, worked at the World Bank in Washington, D.C., and had a twenty-five-year career as a professional investment manager based in London and New York before turning to writing. His first book, *Lords of Finance: The Bankers Who Broke the World*, about the lead-up to the 1929 Great Depression, won the Pulitzer Prize for History, the Council on Foreign Relations Arthur Ross Gold Medal, and the *Financial Times* Best Business Book of the Year Award.

The Nord Stream Conspiracy

The Inside Story of the Explosions That Shook the World

BOJAN PANCEVSKI

The explosive inside story of the most daring act of sabotage in modern history: the bombing of the \$20 billion Nord Stream Pipeline.

In September 2022, Scandinavian seismologists picked up tremors that resembled a huge undersea earthquake or volcanic eruption. These signals were caused by several devastating explosions that destroyed Nord Stream, the \$20 billion pipeline carrying cheap Russian gas to Europe. The consequences were immediate, shifting global geopolitics, delivering a body blow to one of the world's largest economies, fuelling tensions in the Russo-Ukrainian war and triggering a manhunt that would rupture relations within the NATO alliance.

Despite capturing the imagination of millions, the mystery of who blew up the pipeline has so far gone unsolved – was it the CIA? Could Putin himself have been behind it? Was it part of the shadow war between Russia and the West? – until now. Drawing on exclusive access to key players, including the saboteurs, the investigators and high-level intelligence, this deeply reported non-fiction thriller reveals the true story in full for the first time.



25/06/2026
9781529155457

£25.00
Royal Hardback

GEOPOLITICS

Bojan Pancevski is the award-winning Chief European Political Correspondent of the *Wall Street Journal*, covering European and global affairs. He produces major investigations, agenda-setting scoops, analyses of politics and diplomacy, and deeply reported features. Before joining the *Journal*, he covered Europe for *The Times* and the *Sunday Times*. He has won journalism awards in Britain, the US and Germany, and was part of the *Journal's* team of Pulitzer Prize finalists for International Reporting in 2025. He is fluent in several European languages, including German and Russian.

The Secret Life of Public Opinion

What People Really Think About Politics

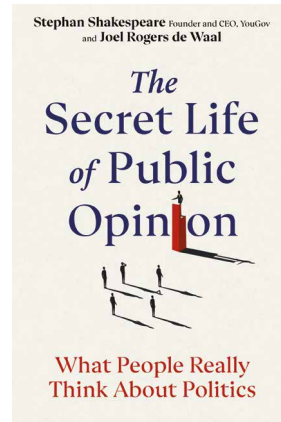
STEPHAN SHAKESPEARE
AND JOEL ROGERS DE WAAL

The team at YouGov reveal how public opinion really works – and that we're not as divided as we think.

Are anti-democratic authoritarians really on the rise? Is British politics actually more polarised than ever before? And do Britons genuinely hold strong views on the 'culture wars'?

From reading the news, you'd think the answer to all these questions is a resounding 'yes'. And yet the evidence from the UK's leading polling firm, YouGov, would indicate quite the opposite – that we are more moderate, and less divided, than ever before.

Here, the CEO of YouGov and a leading academic team up to reveal why almost everything you've been told about public opinion is wrong. Drawing on thousands of polls from across the nation, they reveal that our opinions on conflict and politicians, culture wars and democracy are much stranger – and more interesting – than we have been told.



25/06/2026

9781529153361

£22.00

Royal Hardback

POLITICS

Stephan Shakespeare is the founder and CEO of YouGov. He is a commissioner for the Social Metrics Commission, and an Affiliated Researcher at the Bennett Institute for Public Policy, Cambridge University. He has been named one of the most influential people in the British media by the *Guardian*, and as one of the most influential people in British politics by Debretts. **Dr Joel Rogers de Waal** is a Senior Research Associate at the Jesus College Intellectual Forum, and the Co-Director of the YouGov-Cambridge Centre for Public Opinion research.



#MARKU
BOOKS

The Waterbearers

A Memoir of Mothers and Daughters

SASHA BONÉT

A heartfelt memoir exploring the joys and complexities of Black womanhood, motherhood and culture; perfect for fans of Toni Morrison and Stay True by Hua Hsu.

'Wherever there is water, there is mystery. And mystery breeds mythology.'

When Sasha Bonét's grandmother, Betty Jean, raised eleven children, she did it alone, creating a home that was the heart of their family. Her daughter, Mama Connie, vowed to live differently but found herself echoing her mother's struggles. Now, Sasha navigates motherhood, reflecting on the legacies of Black women like Nina Simone, Michelle Obama and Rosa Parks to build a portrait of Black womanhood through time. From mundane yet powerful mornings at the kitchen table to moments of courageously taking on the world, *The Waterbearers*'s clear-eyed tenderness reveals intimate vignettes of Black women who have built legacies and changed the world through the cords of love – and complexities – that bind them.

'A tale of evolution and hope' **Hilton Als**,
Pulitzer Prize-winning author of *White Girls*

Sasha Bonét is a writer and cultural critic based in New York City. Her criticism and essays have appeared in *Paris Review*, *Aperture*, *New York Magazine*, *Vogue* and *BOMB*, among other publications. Bonét is a professor of creative writing at Columbia University and Barnard College.



19/02/2026
9781529979640
£16.99
Demy Trade Paperback

MEMOIRS; FEMINISM &
FEMINIST THEORY

Strangerland

MONIKA RADOJEVIC

A sweeping and heartfelt debut about alienation, belonging and the power of love – to transcend languages, borders and time.

London, 1990. Newly arrived in a strange country, Zivoin works all hours to save money for his family. From afar, he watches his homeland, Yugoslavia, fracturing. Thousands of miles away, in the tropical heat of Brazil, Alegria prepares to leave behind the country she loves. She strives to give her parents the life they deserve, even if it takes her far from them. A chance meeting throws the pair together – and for a brief moment, they feel at home. But their journey is just beginning, and what follows will draw them irresistibly across countries and continents, leaving them both forever changed.



05/03/2026
9781529918748
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MODERN &
CONTEMPORARY FICTION

Monika Radojevic is a Brazilian-Montenegrin writer and poet who was born and raised in London. She spent years working in the feminist and political sector, and her writing is a continuous exploration of power dynamics, inequality and freedom. Monika is the inaugural winner of the #Merky Books New Writers' Prize, and writes to make sense of life. She has published one poetry collection, *Teeth in the Back of My Neck*, and a book of short stories, *A Beautiful Lack of Consequence*. *Strangerland* is her debut novel.



Trapped Life

A Year with the Mandem on a London Estate

EBONY REID

Searingly candid and conversation-starting stories of class, culture, community and crime in the heart of London. These are voices from the margins – the voices of the Northville estate.

Take a step into the heart of inner-city life in Britain with *Trapped Life*, a searingly candid narrative that transcends sensationalist headlines to reveal the authentic lives of the mandem on the Northville Estate in London. As she recounts a year living back on her childhood estate through both personal and professional insights, Reid offers a raw and intimate look at a vibrant and troubled community so often misunderstood by wider society.

Through a beautiful blending of reality and creative storytelling, Reid shares a powerful account of the lives of the mandem and the devastating socioeconomic disparity in urban Britain.



16/04/2026
9781529911893
£18.99
Demy Hardback

SOCIETY & CULTURE

Ebony Reid is a criminologist and ethnographer who specialises in researching street crime and violence in inner-city London. Having grown up on an estate in London, she dedicates her academic teaching and research to examining the cycles of poverty, psychosocial factors and the related violence that frequently underpin 'Trap Life'.

Wimmy Road Boyz

SUFIYAAN SALAM

A blistering story of masculinity, violence and love set over the course of a single, surreal night from the winner of the 2023/2024 #Merky Books New Writers' Prize.

A white bimmer hurtles down Manchester's curry mile, carrying three brown boys in pursuit of a wild night out, oi oi oil there's IMMY (23) – nursing mad heartbreak but tryna get over it by chirpsing someone new, hoping to distract from the scores of rage bubbling up beneath . . . there's KHAN (24) – cambridge gangster on a mission to avenge, losing himself to old stereotypes, illegal ventures on the sly . . . and there's HARIS (24) – the sensitive type, getting married next week but having second thoughts, feeling mad para about his day ones discovering all his secrets.

It's an evening of chaos and mischief. three boys with nothing to do and something to prove. of course there's gonna be trouble. and look, what the boys don't know: this night might just be their last . . .



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MODERN &
CONTEMPORARY FICTION

Sufiyaan Salam was born in Blackburn to parents who had their meet-cute in a public library. He's been telling stories from early; doodling comics in school textbooks, directing cousins in nokia-shot home movies, and later hand-animating music videos for famous artists. He's currently working on several tv & feature projects, and co-wrote the short film Magid / Zafar, premiering in late 2025. *Wimmy Road Boyz* is his first novel.

It Comes in Waves

RUKKY BRUME

A powerful debut novel about grief, faith and family from an exciting new voice.

Onome has little experience of losing a loved one. So when her sister tells her that their father died from a stroke, she isn't sure what grieving is meant to look or feel like. She returns to Nigeria for the funeral in a haze of performance and distraction, holding together what little of herself is left.

Reunited with her immediate family, Onome is thrown into funeral events, uncomfortable customs, meddling religious figures and both unfamiliar and familiar faces. One of these is Eguono, her father's sister, whose careless words upend the only image of her father Onome has ever known.



25/06/2026
9781529954159

£16.99
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MODERN &
CONTEMPORARY FICTION

Rukky Brume grew up in Lagos, Nigeria. She studied Law at the London School of Economics and Political Science (LSE) and works as a finance lawyer. Rukky is an alumna of the Faber Academy's flagship writing course. In 2021, her writing was longlisted for the inaugural Women's Prize for Fiction's Discoveries Award. Rukky's debut novel is forthcoming in 2026. She lives in London.

A Beautiful Lack of Consequence

MONIKA RADOJEVIC

Across thirty striking tales, #Merky Books New Writers' Prize-winner Monika Radojevic weaves together the surreal with the everyday, confronting the experiences of contemporary womanhood with a tender ferocity shot through with humour.

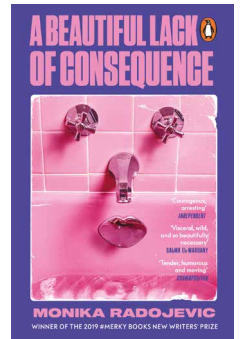
'Tender, humorous and moving' *Cosmopolitan*

'Visceral, wild, and so beautifully necessary'

Salma El-Wardany

'Radojevic's stories and fragments are so sharp-edged they could draw blood. Fierce, funny and angry'

Catherine Mayer



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SHORT STORIES

Model Home

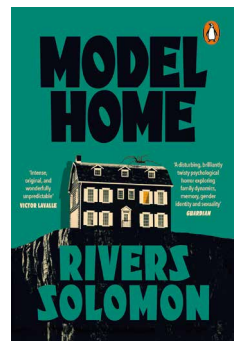
RIVERS SOLOMON

A new type of haunted-house novel, perfect for fans of Get Out and Girl A.

'Intense, original, and wonderfully unpredictable . . .'

Victor LaValle, author of Lone Women

'A startling reimagination of the haunted-house genre'
Kirkus



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MODERN & CONTEMPORARY FICTION

Sunstruck

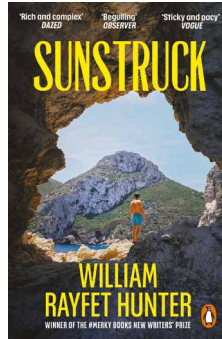
WILLIAM RAYFET HUNTER

The Waterstones Debut Prize 2025 shortlisted novel.

'This summer's hottest read' **Sunday Times**

'Beguiling . . . elegant and surprising' **Observer**

'You won't want to put it down' **British Vogue**



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MODERN & CONTEMPORARY FICTION



The DC Smith/Kings Lake Investigation series

PETER GRAINGER

The million-copy-selling crime series, available in print for the first time. Prepare to immerse yourself in the thrilling, high-stakes investigations of DC Smith and the Kings Lake detectives.

'What sets Grainger's books apart from the typical police procedural is the fully realised characters, who appear to live in a gentler world, on a time continuum that makes sense, progressing and evolving from book to book. That and his elegant prose, with its pitch-perfect dialogue, which gets more assured and more playful in each book' **Financial Times**

An Accidental Death

An experienced detective's unorthodox methods land him in troubled waters. (PUBLISHED: 12/03/2026)

But For the Grace

Death in old age shouldn't be suspicious. DC Smith thinks this one is.

Luck and Judgement

DC Smith is looking for a body. What he finds is far more sinister.

Persons of Interest

DC Smith has solved hundreds of crimes, but he's never been accused of one. Until now.

Peter Grainger is the 'creator of the greatest fictional sleuth you've probably never heard of' (*FT* magazine). A former sixth-form English teacher, Peter is the author of twenty-three self-published novels, nineteen of which are now scheduled for release by major British and North American publishers.

In This Bright Future

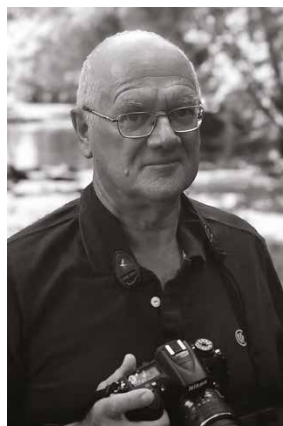
Belfast seems like a perfect place for DC Smith to recuperate. And then there's a knock on the door.

The Rags of Time

Other detectives are content to connect the dots of a case. DC Smith paints a whole picture.

Time and Tide

Two crimes take place a century apart. DC Smith is determined to find the connection.



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CRIME & MYSTERY

An Accidental Death
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But For the Grace
9781804961391

Luck and Judgement
9781804961414

Persons of Interest
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In This Bright Future
9781804961438

The Rags of Time
9781804961476

Time and Tide
9781804961483

Being There

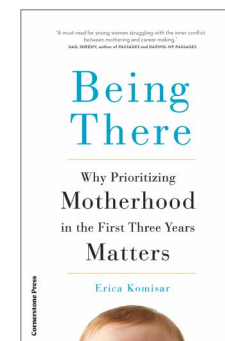
Why Prioritising Motherhood in the First Three Years Matters

ERICA KOMISAR

A provocative and powerful book about the importance of maternal presence in a child's first three years of life, from psychoanalyst Erica Komisar.

'Solid research and easy-to-follow advice' **Kirkus Reviews**

'Offers sound, warm guidance' **Publishers Weekly**



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PARENTING

Music as Medicine

How We Can Harness Its Therapeutic Power

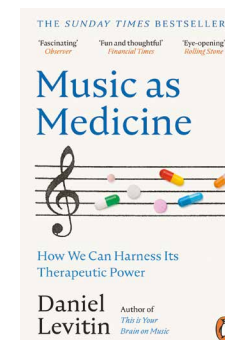
DANIEL LEVITIN

A Sunday Times bestselling exploration of the healing power of music, from an acclaimed neuroscientist and author of *The Organized Mind*.

'Fascinating' **Observer**

'Fun and thoughtful' **Financial Times**

'Eye-opening' **Rolling Stone**



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POPULAR PSYCHOLOGY

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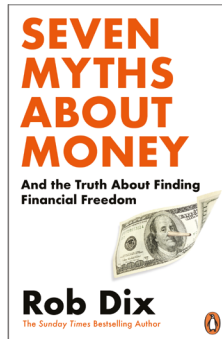
And the Truth About Finding Financial Freedom

ROB DIX

What if everything you've been told about money is a lie? This *Sunday Times* bestseller sketches out a radically new route to financial freedom.

'A masterpiece' **Rory Sutherland**

'The one-stop guide you need to transform your finances' **Jake Humphrey**



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PERSONAL FINANCE

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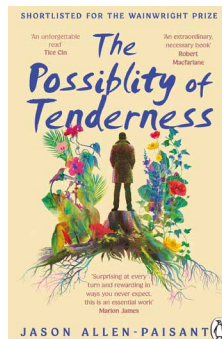
A Jamaican Memoir of Plants and Dreams

JASON ALLEN-PAISANT

The first work of non-fiction from an award-winning poet: a fierce reclamation of a link with the land, roaming from Jamaican hills to the woodlands of Leeds.

'Surprising at every turn and rewarding in ways you never expect, this is an essential work' **Marlon James**

'I found this book strangely restorative and tenderly written. Hold it in your hands and then dream of the green world' **Monique Roffey**



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MEMOIR

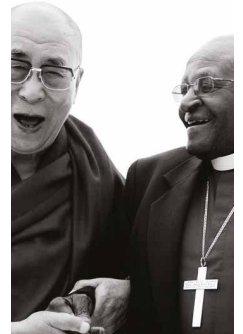
The Book of Joy

DALAI LAMA &
DESMOND TUTU

Two spiritual giants. Seven days. One timeless question. The *Sunday Times*-bestselling book that discusses a single burning question: how do we find joy in the face of suffering?

'Uplifting' **Oprah Winfrey**

'An extraordinary read' **Liz Earle**



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MIND, BODY, SPIRIT: THOUGHT & PRACTICE

Original Sin

President Biden's Decline, Its Cover-up, and his Disastrous Choice to Run Again

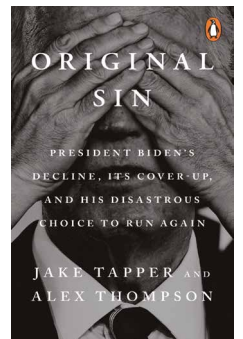
JAKE TAPPER AND
ALEX THOMPSON

The *Sunday Times* bestselling inside story of Joe Biden's decline while in office – and the desperate attempts of his inner circle to hide it from the American people.

'Explosive' **Guardian**

'Explosive' **The Times**

'Explosive' **Daily Mail**



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ELECTIONS & REFERENDA

Secure Love

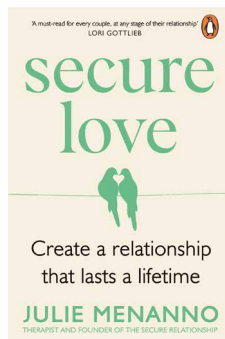
Create a Relationship That Lasts a Lifetime

JULIE MENANNO

Rooted in attachment theory and couples therapy, Julie Menanno builds on her indispensable Instagram account @thesecurerelationship to reveal how lasting bonds are both created and sustained.

'A must read for every couple at any stage of their relationship' **Lori Gottlieb**, *New York Times* bestselling author of *Maybe You Should Talk to Someone*

'Incredibly wise . . . No romantic partnership should be without it' **Jen Sincero**, bestselling author of *You Are a Badass*



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DATING, RELATIONSHIPS, LIVING TOGETHER & MARRIAGE

Sweat

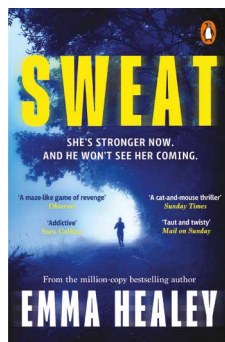
EMMA HEALEY

From the million-copy bestselling author comes a taut literary thriller about revenge, self-discipline and coercive control set in the world of fitness.

'A cat-and-mouse thriller' *Sunday Times*

'A maze-like game of revenge' *Observer*

'Will have you hooked till the final page' *Stylist*



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MODERN & CONTEMPORARY FICTION

The Sweaty Startup

How to Get Rich Doing Simple Things

NICK HUBER

Real-life, hard-won wisdom on how to start, run and grow a successful business, from the founder of The Sweaty Startup.

'Nick's book is an indispensable toolkit packed with entrepreneurship principles that work' **Gary Keller**, *New York Times* bestselling author of *The One Thing*

'The only thing better than Nick Huber's Twitter would be getting his wisdom all in one spot' **Codie Sanchez**, founder of Contrarian Thinking Media and Newsletter



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ENTREPRENEURSHIP/START-UPS; ADVICE ON CAREERS & ACHIEVING SUCCESS

Backstage

Stories of a Writing Life

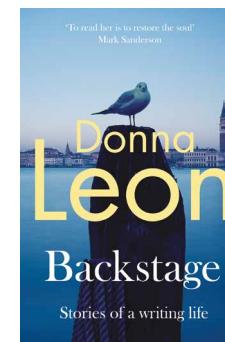
DONNA LEON

An engaging journey through a writing life by the celebrated author of the internationally bestselling Guido Brunetti series, infused with her ever-present and delightful senses of humour and irony.

'Donna Leon has created a beautifully crafted looking glass into her world' *TLS*

'[Leon has] never failed to give us vivid portraits of people and of Venice' **Ursula K. Le Guin**, *New York Times*

'A delightful companion in life and on the page' *The Times*



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LITERARY ESSAYS

May You Have Delicious Meals

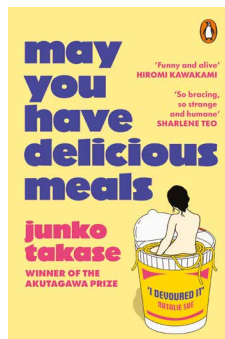
JUNKO TAKASE

For readers of *Butter* and *Convenience Store Woman* comes Junko Takase's Akutagawa Prize-winning novel about the pressures of modern life, and the pleasure of eating well.

'So bracing, so strange and humane' **Sharlene Teo**

'Funny . . . All the people in this novel are alive' **Hiromi Kawakami**

'An impactful novel that will make you laugh and think' **Dazed**



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FICTION IN TRANSLATION

Learning from Silence

Finding Clarity and Calm in a World of Mounting Uncertainty

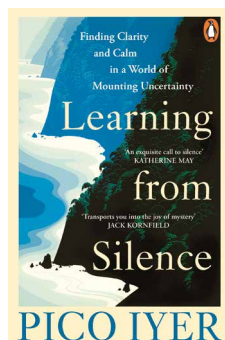
PICO IYER

Dubbed by Katherine May as 'an exquisite call to silence', a revelatory exploration of the abiding clarity and calm to be found in quiet retreat – from the bestselling author of *The Art of Stillness*.

'A beautifully written, meditative book' **Financial Times**

'Beautiful . . . Masterfully and lyrically shows us how we may need to find a new home to return properly to ourselves' **Alain de Botton**

'Luminous and exquisitely simple' **Jack Kornfield**



19/02/2026 | 9781804952733
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SPIRITUALITY & RELIGIOUS EXPERIENCE

Consider Yourself Kissed

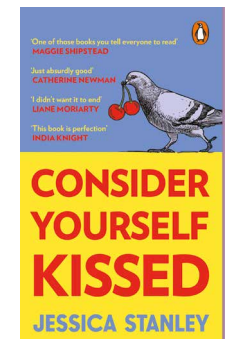
JESSICA STANLEY

What happens when you find love, but life keeps getting in the way? For readers of the *Bridget Jones* series, *One Day* and *Normal People*, *Consider Yourself Kissed* is a captivating portrait of a woman in love which effortlessly balances sweetness with bite, the public with the personal, and humour with heart.

'I didn't want it to end' **Liane Moriarty**

'Joyful, familiar and so funny' **Nina Stibbe**

'This summer's must-read . . . like *One Day* and *Normal People*' **The Times**



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MODERN & CONTEMPORARY FICTION

Decisions That Matter

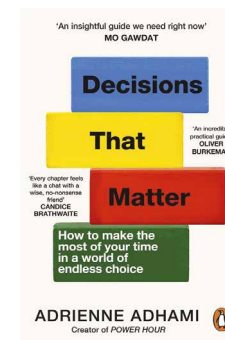
How to Make The Most of Your Time in A World of Endless Choice

ADRIENNE ADHAMI

From the acclaimed author and podcaster of *Power Hour* comes an actionable guide to making better, more intentional everyday decisions to lead us to the life that we want.

'A brilliant, practical guide to overcoming the decision paralysis' **Viv Groskop**

'Adrienne Adhami's *Decisions That Matter* is an insightful guide we need right now' **Mo Gawdat**



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SELF-HELP & PERSONAL DEVELOPMENT

Who Deserves Your Love

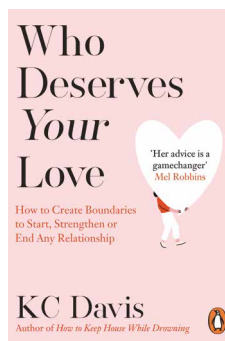
How to Create Boundaries to Start, Strengthen or End Any Relationship

KC DAVIS

A compassionate, humane and neurodivergent-friendly guide to relationships from licensed therapist and TikTok sensation KC Davis.

'Her advice is a game changer' **Mel Robbins**

'KC Davis brings her wisdom, warmth and practicality to *Who Deserves Your Love*' **Lori Gottlieb**



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FAMILY & RELATIONSHIPS

We Are Not Numbers

The Voices of Gaza's Youth

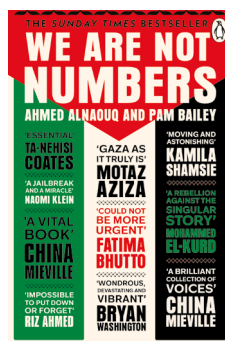
AHMED ALNAOUC
AND PAM BAILEY

The instant *Sunday Times* bestseller.

'A jailbreak and a miracle' **Naomi Klein**

'Essential' **Ta-Nehisi Coates**

'Wondrous, devastating and vibrant' **Bryan Washington**



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GEOPOLITICS; POLITICAL CONTROL &
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Looking After

A Portrait of My Autistic Brother

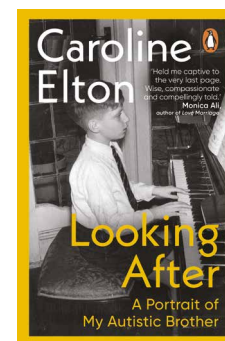
CAROLINE ELTON

Writer, psychologist and sister Caroline Elton tells the remarkable life story of her autistic brother, Lionel. A love letter to family, a lesson in loss, and a reminder of the power of empathy to save lives.

'Beautifully written, erudite and important' **Christie Watson**, bestselling author of *The Language of Kindness*

'Sucked me in straight away and held me captive to the very last page' **Monica Ali**, author of *Love Marriage*

'A beautiful, bracing gem of a book' **Polly Morland**, author of *A Fortunate Woman*



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MEMOIR

Idle Grounds

KRYSTELLE BAMFORD

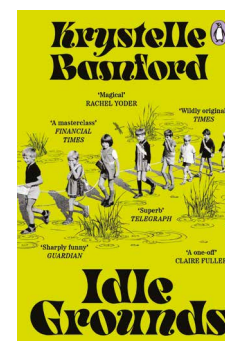
The evocative and darkly comic debut novel.

'An absolute one-off. I loved it' **Claire Fuller**

'Magical, perplexing and funny in a wholly original way' **Rachel Yoder**

'Ambitious, wildly original . . . marches to its own beat' **The Times**

'A masterclass' **Financial Times**



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MODERN & CONTEMPORARY FICTION

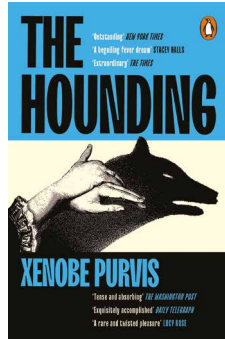
The Hounding

XENOBE PURVIS

A visceral and richly atmospheric historical debut about the Mansfield sisters: five girls who are rumoured to turn into a pack of dogs. *The Hounding* plunges its reader into eighteenth-century Oxfordshire, where it is safer to be a wild animal than an unconventional young woman.

'Extraordinary . . . clever, strange and beautifully written'
The Times

'Prompts thoughts of both *The Crucible* and *The Virgin Suicides* . . . Purvis is an exquisitely accomplished wordsmith'
Daily Telegraph



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HISTORICAL FICTION

Sceptred Isle

A New History of the Fourteenth Century

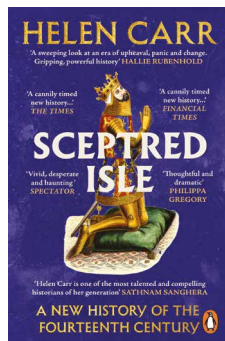
HELEN CARR

From the bestselling author Helen Carr, a thrilling new history of the fourteenth century – a time of catastrophe and conflict that shaped England for centuries to come.

'A sparkling popular history which brings the Middle Ages' most terrible century to life for a new generation' **Dan Jones**

'Tells the story of the 14th-century Plantagenets with verve'
The Times

'A highly engaging re-evaluation of a tumultuous century'
Observer



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MEDIEVAL HISTORY

How Babies Sleep

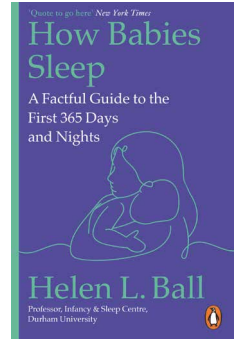
A Factful Guide to the First 365 Days and Nights

HELEN L. BALL

The definitive science and data-led guide to baby sleep for new parents from director of the University of Durham Sleep & Infancy Centre, Professor Helen L. Ball.

'As compassionate as it is clinically rigorous'
Guddi Singh, British Medical Journal

'A must-read' **Russell Foster**



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ADVICE ON PARENTING

2024

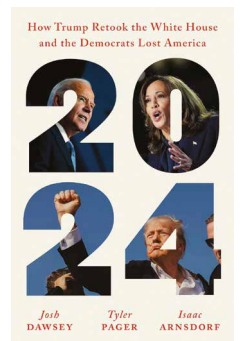
How Trump Retook the White House and the Democrats Lost America

JOSH DAWSEY, TYLER PAGER, ISAAC ARNSDORF

An instant **New York Times** bestseller, this is the definitive account of how Trump overcame four indictments, two assassination attempts and his own past mistakes to defeat the Democrats – putting American democracy to the test and transforming the future of the free world.

'The most well-sourced and judiciously written reporting from the campaign that you will find' **Observer**

'A well-paced, thorough and often (darkly) humorous account . . . Thrilling' **New York Times**



16/04/2026 | 9781804954386
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ELECTIONS & REFERENDA

The North Road

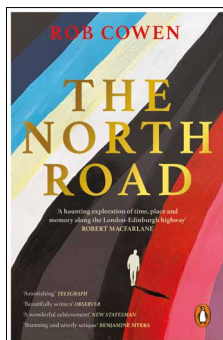
ROB COWEN

The Wainwright Prize longlisted new work from the acclaimed author of *Common Ground*.

'Radical and beautiful. Haunted and haunting: Cowen tracks the London–Edinburgh highway in a mesmerising exploration of time, place, memory and identity. A dazzlingly inventive work of literature' **Robert Macfarlane**

'An astonishing book . . . one to relish and revisit' **Telegraph**

'A beautifully written study of our longest numbered route, the A1 . . . is full of rich asides and haunting explorations, conjuring the visual pleasure of a road movie' **Observer**



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TRAVEL WRITING

Every Monument Will Fall

A Story of Remembering and Forgetting

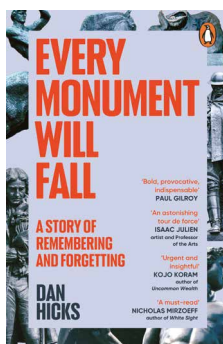
DAN HICKS

Tracing the origins of contemporary conflicts over art, heritage, memory and colonialism, *Every Monument Will Fall* makes a passionate case for finding hope and reconciliation in the fragments of an unfinished past.

'An extraordinary intervention' **Paul Gilroy**

'Brave and clear-sighted' **Alice Roberts**

'A must-read' **Nicholas Mirzoeff**



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HISTORY

The Gods of New York

The Tumultuous Eighties, from Donald Trump to the Tompkins Square Riots

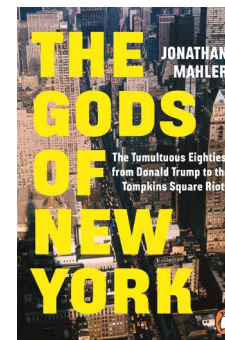
JONATHAN MAHLER

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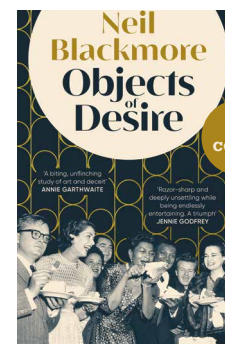
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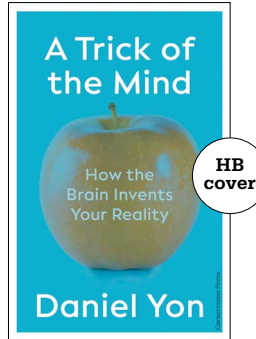
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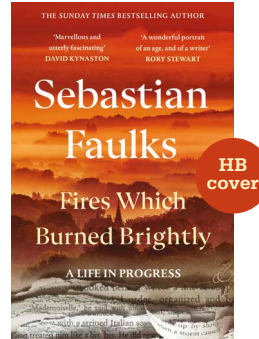
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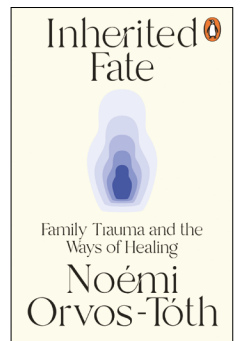
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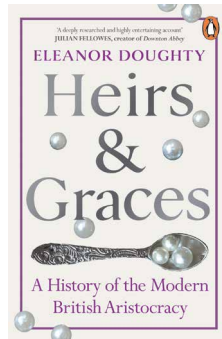
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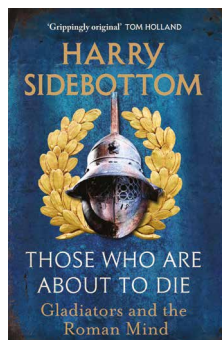
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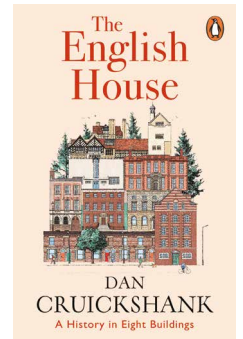
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